

# MON VALLEY R/C CLUB

## NEWSLETTER

NEWS EDITOR - Rich Wojnar

(412) 657-8420

[richardwojnar@yahoo.com](mailto:richardwojnar@yahoo.com)

WEBMASTER – David

Herrington [www.monvalleyrc.com](http://www.monvalleyrc.com)



May 2015

# CEDAR CREEK PARK

AMA CHARTER CLUB NO. 546

[Al Kozusko](#), President.....(412) 445-0614

[Mike Eiben](#), Vice-President..(412) 304-7048

[Janet Poague](#), Secretary.....(412) 531-4924

[Ron Doctorick](#), Treasurer....(412) 655-8362



## President's Corner

Fellow MVRC Members:

Winter has finally left us. Wow, what a winter! It's been too long of a winter for a lot of us and now is a great time to get our flying machines in the air. As you continue to fly at our field, please keep in mind the construction work being done on our new permanent restroom next to the spectator's shelter. Use good judgement and courtesy for the construction crews and the possibility of work taking place near the pits. Also, be aware of the new flight tables being added to the left of the field and the marked area for extending the grass barrier.

As everyone knows **SAFTEY** is one of our biggest concerns at the airfield. Does everyone know what to do in an emergency at the airfield? **YOU NEED TO DIAL 911!!!!** Let the operator know what kind of emergency (fire, health, vandalism, etc.). Let the operator know where the emergency is located. Timms Lane is the road to the airfield at Cedar Creek Park. **Our Safety officer is Mike Eiben**. If you have any questions or suggestions please contact Mike.

Don't forget about our club newsletter. You can view the club newsletter on the web site ([www.monvalleyrc.com](http://www.monvalleyrc.com)). Under the main menu click on newsletter. Click on the year that you want to view the newsletter and then click on the month. Richard Wojnar and Dave Herrington are working hard together to help ensure that the information is there for the club. I will email the club members to let you know when the monthly newsletter is being posted on our web site.

**I have also created an additional form of communication with our members, THE INTERNET USING EMAIL.** I will be emailing club members questions concerning items surrounding club issues and ideas. I will discuss the results at the club meeting and post results. The latest email item was what month shall we have the family picnic. The majority of members have selected AUGUST. We will determine a date in August for the family picnic. If you have any questions that you would like me to present to the club members please let me know.

Please keep in mind our executive committee and ask or present any suggestions, ideas, problems, and issues to any of the members which include: Rick Altomari, Steve Novacek, Erik Strauser, Mark Szemanski, Jim Cannon and Jack Makepeace. It is important that you communicate with them to let them know about any ideas, issues and suggestions you have for our club. The next time you see them, please extend your special thanks for volunteering.

Finally I would like to share this email sent to me from George Wilson:

On Sunday afternoon I went to the field with the intention of flying only one plane, my electric Sportster. I set the plane on the bench and began talking to Ron and Lew. The wind blew the plane off the bench and broke the elevator. It wasn't all that bad, but I had to go home to fix it. I stayed a few more minutes and then left. If that plane hadn't broken I'd likely stayed until dark. ***The wind blowing the plane off the bench was the FIRST miracle.*** When I got home I went to the basement to put the plane and gear away. Within minutes my wife began calling me, asking me to please come help her.

**Second miracle:** I can never hear my wife when I'm in my work room. In fact, we have an intercom so she can call me. But that evening I could hear her as though she were standing next to me!

When I got to the top of the stairs she was in terrible pain and having trouble breathing. I called 911 and the dispatcher told me he would stay on the line with me and that the ambulance was on the way. **Third miracle:** They got to my home within ten minutes. Important to note: While I waited I was desperate to help the ambulance driver find my home. I kept my wits about me and remembered a "trick" that I thought up several years ago when my mother-in-law needed help and we had to call for an ambulance. I told the 911 dispatcher to tell the ambulance driver to "look for the driveway with two vehicles with the 4-way flashers on". I then ran out as turned on the 4-ways on the car and the van. The driver told me that while GPS is great, it doesn't always work, especially in low-lying areas where I live. He said that the 4-way flashers led them straight to us! **AL, PLEASE USE THAT THOUGHT SHOULD YOU EVER NEED HELP AND PLEASE, SPREAD IT AROUND. IT COULD SAVE A LIFE!**

**More miracles:** The ambulance driver told me that I was "lucky" because the attending EMT was "the best in the business". When we got to the hospital the EMT had already transmitted Iris' vital information to the emergency doctors and nurses and the "Cath Lab" was being prepared. When we got there she was in the Cath Lab within fifteen minutes. They found the problem and installed a stent to open a blocked artery. ALL of the nurses in the hospital later told me that Dr. Czak (pronounced Zak), the attending Cardiologist, was one of the very best. He later told me that fast action saved Iris' life and that with time, drugs and therapy they expect her to fully recover. She's weak for now, but cardio-rehab should help her. We will start that very soon and we are *starting* a diet/lifestyle modification program tomorrow.

The bottom line is that I thank God for creating the wind that blew that plane off the bench, for the ambulance driver, the doctors, nurses and the hospital in general. But if not for that "divine wind, I shudder to think what may have happened.

One more thing: I don't believe in coincidences. *I believe that people who look for miracles, see them.* As for me, I see them everywhere! :-)

Shalom, (Translation: May the Peace, Love and Grace of Almighty God be with YOU!)

Keep healthy, be safe, have fun flying!

Al



# May 1, 2015 Meeting Minutes

The meeting was called to order at 7:00 PM.

## Executive Committee Report:

- Discussion on safety use of club trainer for checkout
- Flying over the pits seem to be a big issue
- ALWAYS have a spotter!
- FPV Rules MUST be followed
- Pilot positions
- AMA Youth Camp...two spots open...per Leo Rodriguez. Leo has more information

The meeting was adjourned at 7:28 PM

## Mark Your Calendar

MVRC Picnic: August 22 (Saturday)

Float Flys: June 13 (Rain Date June 27)  
August 8 (Rain Date August 27)

Acme Dam – Westmoreland County

Access the link below to see photos from the 2014 Float Fly at Acme Dam.

[http://www.monvalleyrc.com/images/newsletters/JULY\\_2014\\_NEWSLETTER.pdf](http://www.monvalleyrc.com/images/newsletters/JULY_2014_NEWSLETTER.pdf)

# IMPORTANT DATES:

May



**1 – MVRC Meeting – Location Change** - If you can find time to attend as many meetings as you can this year, your input will better serve our club. Meetings will now be held at 7:30 PM at the MVRC Airfield.

**9 – Work Table Building Party –** MVRC Airfield – 9:30 am (See Note Below)

**10 – Mother’s Day**

**25 – Memorial Day**

June



**5 – MVRC Meeting – Location Change** -If you can find time to attend as many meetings as you can this year, your input will better serve our club. Meetings will now be held at 7:30 PM at the MVRC Airfield.

**13 – Float Fly (Rain Date June 27)**  
Acme Dam

**21 – Father’s Day**

## IN MEMORY OF ... Ray McGarvey ([Ray McGarvey's Final Flight](#))

Each month I look through the AMA District III Website to share some of the valuable information posted there that others may not have time to access.

I found this breathtaking and very emotional video. What an honor it must have been for the person flying the plane in this video - for the pilot in the cockpit was Ray McGarvey!

Please take a moment and view the last flight of Ray McGarvey and pay tribute to a fellow pilot who will fly his plane higher in the sky than the eye can ever see.

<https://www.youtube.com/watch?v=aRZYBIBpICo>

Ray Mc Garvey's Final Flight

<https://www.flickr.com/photos/luther41/sets/72157651695560421/>

(additional photos from the AMA District III Website)

This information was taken verbatim from the AMA District III Website. "The Valley Brook RC Club located in New Florence, PA recently lost one of their members to cancer. Ray McGarvey loved our RC hobby and requested that his ashes be dispersed at the club's flying field. The club put together an evening of tribute to Ray and about 30 members of Ray's family attended to see a portion of his ashes take a final flight at their field, and then his daughter spread his ashes across the field where Ray enjoyed flying. It was a touching tribute to Ray who would have been very pleased!"





I hope everyone is well and flyin' high! The best time of the year is directly in front of us and those bone chilling months are in our rear view mirror. It's so refreshing to see some of those winter projects we captured in the winter newsletters getting fired up in the past few weeks. It was also great to see the member participation at the two "work parties" at the field. Everyone chipped in and devoted their time in their fields of expertise. All that attended buzzed around like a bunch of worker bees while giving the field a thorough manicure. There's no better reward for a hard day's work than reward of food. We all thoroughly enjoyed the food! After the dust cleared, the field looked tremendous with a great amount of detail given in all areas. Spirits were in high gear and everyone dove in - in order to help the other pilots.

Now on to some housekeeping items. As we begin a brand new season a great deal of attention must be devoted to "safety rules and procedures" in order that we can all enjoy our hobby safely. Please take the time to read, and adhere to, all the safety items. The AMA devotes a great amount of time developing safe flying guidelines. A few of our club members also devote a great amount of their own time in order to tailor the AMA rules to our particular flying procedures and protocols. Please thoroughly read, understand and ask questions if need be. We do not take safety lightly. Each person in the club has a responsibility and a duty to assure the safety rules are being followed. If you notice someone who may have forgotten a safety rule or two, kindly remind them of the correct field procedures.

I realize we are all going to be very busy in the months ahead, but please do not forget your newsletter. Please remember the Classified Section. Most of us will be looking for something or selling something in the months ahead. There aren't many "free" ways to advertise, but this is one "free" way to get your word out! Do you have any old trivia or military photos laying around? Many folks outside of our club are reading our newsletter and feel it is a newsletter that is worthy of being read.

To respect copyright, you will see a lot of new authentic graphics that will be used in future newsletters. I have to thank our daughter, Bunni, for her time. Bunni lives in Hollywood, California and devotes her time to taking the photos and works in the music industry. She edits them in various computer graphic programs in order to enhance our newsletters. She knows about copyright issues, since it directly affects the music industry. It's not uncommon to hear of people being sued for breaching copyright in the daily news reporting.

Here's a short, but funny story. When we vacationed in Paris last year, my daughter and I entered a contest to see who took the best photos. Needless to say, we received a phone call in our villa asking Bunni to stop by the office to collect her prize. Love you, Bunni!

Looking forward to being at the field and flying with you!

Now, and always, we support our troops.

Rich

# PRODUCT REVIEW

Have you used any products that you could share your favorable or unfavorable comments with other club members?

We'd love to hear from you!

## Classified Section

Please send the information you would like to post in this section for inclusion in the next newsletter to [richardwojnar@yahoo.com](mailto:richardwojnar@yahoo.com) by June 5.

You might also desire to attach a photo of your item(s) and your contact information as well.

## Education Section: Test and Expand Your RC Knowledge

### You-Tube Video/ Internet Link Sections:

*Do you have any online videos or Internet links that you found to be interesting and helpful to you – ones you would like to share? Please send your videos to the newsletter editor for publication in the next newsletter.*

**Note:** If you click on a link and the link does not take you directly to the website, hold the CTRL Key (Control Key) on your computer with your left index finger while simultaneously clicking the highlighted link with your mouse.



]

From AMA Expo 2015 – Know Before You Fly Press Conference Time - 40:15	<a href="http://www.youtube.com/watch?v=BxbWfzaO6wc">http://www.youtube.com/watch?v=BxbWfzaO6wc</a> This press conference is lengthy, but has added information to anyone who is a HAM Operator. Did you know the AMA website has a list of frequencies for RC and HAM operators?  <a href="http://www.modelaircraft.org/events/frequencies.aspx">http://www.modelaircraft.org/events/frequencies.aspx</a>
Maker Hangar: Episode 4 – Li Po Batteries	<a href="https://www.youtube.com/watch?v=t_LVNUC3Y8o&amp;sns=em">https://www.youtube.com/watch?v=t_LVNUC3Y8o&amp;sns=em</a>
Maker Hangar: Episode 5 – Servos	<a href="https://www.youtube.com/watch?v=D-QTSghkqVk&amp;sns=em">https://www.youtube.com/watch?v=D-QTSghkqVk&amp;sns=em</a>

### **Dear Members:**

If each member would contribute at least one item (in any form) for the newsletter, the newsletter would raise the interest and knowledge for all of our members.

Your contribution could be a: product review, You-Tube video that interested you, photo/photos, trivia question & answer, classified ad, Show 'N Tell at a meeting, project you are working on, etc.

My sincere thank you goes out to those of you who have already contributed to the newsletter in any of these forms.

Rich



**Rich's Kitchen  
Flour Power  
Noodle Dough: Egg, Pasta and Pizza**

A wise man once said, "Not all flours are created equal"

Let's start with pizza dough ingredients:

5 cups Caputto Flour (double zero) 2 tbsp salt 2 tbsp olive oil 2 tbsp honey  
2 packets yeast and 2 cups (118 degree) water

**Dough #1 – Pizza Dough**

Add the yeast to 2 cups of (118 degree) water. Set aside for 10 minutes. After the yeast foams, add to a large bowl and use a silicone spatula to remove all the yeast. Add the honey and olive oil and then stir. In another large bowl, add the flour and salt. Slowly begin to add the flour mixture - a cup at a time to the yeast mixture. Once the mixture is not sticky, put it on a lightly floured board and knead for 10 MINUTES.



Lightly grease a glass bowl and add the dough mixture. Be sure to lightly coat the dough with oil. This will allow the dough to crawl up the sides of the bowl. Cover the dough with Saran wrap and put the dough in a warm spot for two (2) hours. After the dough has had a chance to rise for two hours, punch the dough a couple of times. Place the dough on a lightly floured board for 20 minutes.



I usually turn the oven heat to 200 degrees for a few minutes, then immediately turn it off and place the glass bowl in the oven to allow the dough to rise. The dough mixture will make two (2) large pizzas. Roll the dough out and form it to the pan lightly sprinkled with corn meal.



In a separate bowl, add one (1) large can of San Marziano tomatoes and crush the tomatoes with your hands. Add a small amount of salt and crushed garlic to suit your taste. Place the pizza in a 500 degree oven on the middle rack for approx. 10 minutes and then move to the bottom rack for crisp crust.

**Dough #2 - Pasta dough and noodle dough** are almost interchangeable. I found no difference in taste if made the same way.  
In a large bowl prepare a flour mixture consisting of two (2) cups of all purpose flour to one (1) cup of Semolina flour. You can double or triple the mixture and keep in your flour container.

In a large bowl, add four (4) eggs and two (2) tbsp of milk for each egg. Mix thoroughly. Add one (1) tbsp of salt and lightly drizzle with olive oil. Once mixed, begin to add the flour - one cup at a time until the dough is not sticky. Remove the dough to a lightly floured board and knead for eight (8) to 10 minutes. Cover the dough with plastic wrap and refrigerate for one (1) hour. Remove from the fridge. Let it rest until it's room temperature.

I separate the dough into approx. six (6) or eight (8) equal amounts. I use a KitchenAid mixer attachment to roll out the dough. I begin using the lowest setting and then move to the middle setting. Next, change the attachment to the noodle cutter. Make sure you shake off all the excess flour before adding to the boiling water. Add the cut noodles to a large pot of boiling water for a few minutes. Remain at the stove because freshly prepared dough will only take a few minutes to cook.

### **Dough #3 - Egg Noodles**

Most pasta recipes are almost identical in the preparation and completion. The only difference is a few tweaks of the ingredients. I make egg noodles by mixing two (2) large eggs, six (6) egg yolks, a pinch of salt, and a drizzle of olive oil in a large bowl. I then begin to add approx. two (2) cups of all purpose flour to the mixture. Place on a lightly floured board and knead for a few minutes. Wrap the dough in plastic wrap and place in the fridge for at least four (4) hours. Remove and allow to warm to room temperature. Follow the above method to complete the recipe.

### **Flour Types/ Differences:**

**Wondra Instant Flour** is great for crepes. Mix 1 cup flour, two (2) eggs, one half cup milk, a dash of salt and 2 tbsp. melted butter in a pan. You can use a crepe pan or a large frying pan. Lightly coat with the mixture and in approx. a minute turn over.



**Bread Flour** is the best for making bread. It has more protein than all purpose flour which helps the gluten development process. In a large bowl add 2/3 cup sugar, two (2) packets dry yeast, and two (2) cups of (118 degree) water.

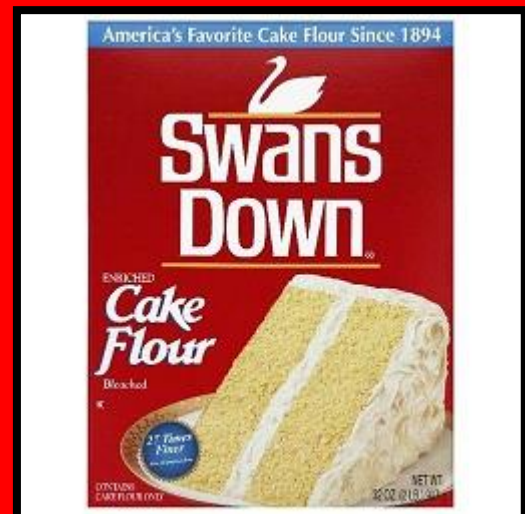
After the yeast has proofed add the salt and flour one (1) cup at a time until the dough is not sticky. Place the dough on a lightly floured board and knead. Place the dough in a lightly greased bowl and cover with a damp cloth. 1 and let rise in a warm place for at least one (1) hour.

Remove the bowl, punch down, allow to rest approx. 10 minutes. Gently knead for a few minutes. Cut the dough into two (2) equal parts and place in greased and floured bread pans. Allow it to rise for an additional 30 minutes and place in a pre-heated 350 degree oven for approx. 30 minutes until golden brown.



**Cake Flour** is low in protein compared to other types of flour. Cake flour is very fine in texture and should be sifted before use. Less gluten forms in the batter which will make the cake softer. Cream together one (1) cup sugar and half cup salted butter. Whisk in two (2) eggs and 1 tbsp. vanilla.

Slowly add 2 tsp. baking powder and one (1) and a half cups of flour. Next add a half cup milk until the batter is smooth. Pour batter into greased and floured pans and place in a pre-heated 350 degree oven and bake for approx. 35-40 minutes. The cake is done when you can insert a toothpick in the middle of the pan and it comes out clean (without wet batter).





# MVRC Field - APRIL 18, 2015



The doctor is in the house.



Get your wings ready guys.



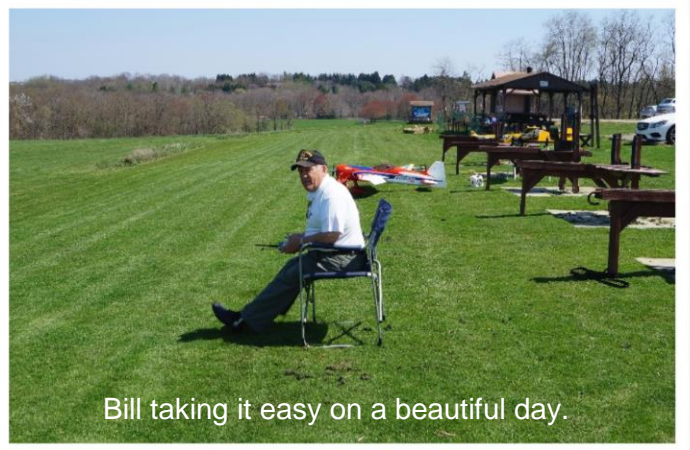
Jeff getting his wing ready for battle.



Mike making some last minute changes.



Lew will not be out done.



Bill taking it easy on a beautiful day.





Now this is a real beauty!



The warriors are in battle.



Now this is the way to go!



First class all the way!



What a fine paint job!



A foamy for all occasions!



# MVRC Field - Work Party - MAY 9, 2015



Let's have a quick team meeting.



Feels kind of wobbly to me!



Take a break only 2 and a half to go.



The finished product!

MASS - Murrysville Area Sail Plane Society  
East Coast Soaring League Competition (ESL)



APRIL 18, 2015

I was recently invited to attend the Eastern Soaring League Competition at the Murrysville Sailplane Society located at the Cain Field in Murrysville. The event was truly amazing! Remember, the only power these sailplanes use are wind thermals, or Cloud Streets, as what glider pilots call them.

Six electric winches, powered by a Honda generator, catapulted the sailplanes high into the sky. The pilots sharply dipped their plane in order to disengage the tow line. A spotter, equipped with a stop watch, kept the pilot aware of their remaining time for landing.

Six measuring tapes were stretched out in the landing circle. Most of the events were times at approx. 10 minutes. The spotter gave their pilots the signals as their time dwindled. One minute - 45 seconds - 30 seconds - 15 seconds - 10 seconds - five, four, three, two, one!

The sailplanes then came screeching in and the pilots expertly dropped the noses into the ground along side their respective measuring tapes. The nose of the plane was measured from the beginning of the tape. The expertise was absolutely amazing!





President: Duie Matenkosky  
Former MVRC Club Member  
Duie sends his best regards to all!





**HAPPY VETERANS DAY**  
**A SALUTE TO OUR MON VALLEY RC CLUB MILITARY**  
**MEMBERS**  
**WE SALUTE YOU!!! THANK YOU FOR YOUR SERVICE**

This page will remain active in all of our newsletters in order to give our veterans enough time to locate photos from the time period when they served in the military. As we receive their photos, we will post them on this page.

To us, Veteran's Day is every day!!

**June 14 – Flag Day**



**Pledge of Allegiance**

“I pledge allegiance to the flag of the United States of America and to the republic for which it stands one nation under God indivisible with liberty and justice for all.”

Historic Documents – The Pledge of Allegiance

<http://www.ushistory.org/documents/pledge.htm>



**TAILSPIN HOBBIES**

4498 Rt 66 Bld1 Apollo Pa 15613

---



Mon thru Fri 11:00 am to 7:00 pm  
Saturday 11:00 am to 3:00 pm  
Sunday 12:00 am to 4:00 pm

Open Sundays

**724-727-7223**

**[www.TailSpinHobbies.Net](http://www.TailSpinHobbies.Net)**



# TAILSPIN RACEWAY

In Door 4 track  
**Slot Car RaceWay**

Get details about indoor slot car racing at [www.tailspinhobbies.net](http://www.tailspinhobbies.net)







**Pittsburgh's largest supplier of radio control products, trains and all-around great fun.**



**\$5.00 OFF**

**Any Purchase of \$25.00 or More**



69404362

Expires 7/31/15 – Must Present Coupon.  
Limit one coupon per customer. Not valid with any other offer, sale item, layaway or on Prior Purchases.

[www.jchobbies.com](http://www.jchobbies.com)

**412-795-9344**



**\$10.00 OFF**

**Any Purchase of \$50.00 or More**



69404362

Expires 7/31/15 – Must Present Coupon.  
Limit one coupon per customer. Not valid with any other offer, sale item, layaway or on Prior Purchases.

[www.jchobbies.com](http://www.jchobbies.com)

**412-795-9344**